

# Kenyon Senior Living



## Annual 5K Sprint For Seniors

5K Fun Run/Walk

Saturday, May 11, 2019

Registration Open

8:00 am – 8:45 am

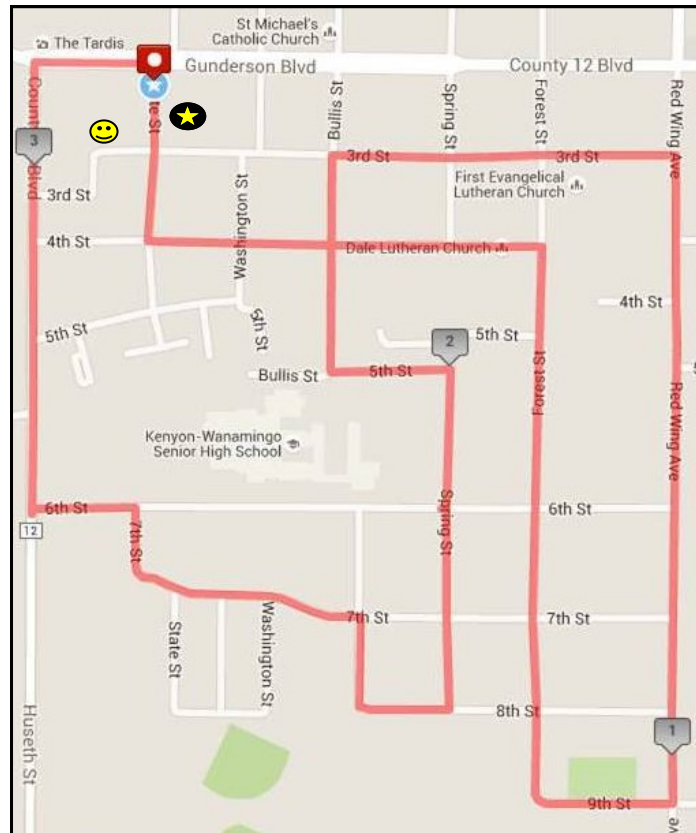
Race Starts

9:00 am

All funds raised by this event will be used for resident entertainment purchases at the facility.



## 5K Route



	<b>Start &amp; Finish</b> Intersection of State Street & 3rd Street
	<b>Registration &amp; Sign In</b>

5th Annual Kenyon Senior Living Sprint For Seniors: Saturday, May 11, 2019 at 9:00 am

### Make Checks Payable To:

Kenyon Sunset Home Foundation  
127 Gunderson Blvd  
Kenyon, MN 55946  
ATTN: Sprint For Seniors

\_\_\_\_ Cash

\_\_\_\_ Check: # \_\_\_\_\_

Equal Opportunity Provider & Employer

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Apt #: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female **Shirt Size (Adult Sizing):** \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL (add \$2) \_\_\_\_\_ 3XL (add \$3) \_\_\_\_\_ 4XL (add \$4)  
(Youth Sizing): \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL

I have read & understand the waiver on the reverse side:

\_\_\_\_\_  
Signature (Signature of Parent if Under 18 Years Old)

## When

Saturday, May 11, 2019 at 9:00 am

## Where

127 Gunderson Blvd Kenyon, MN  
55946

Registration is located at the 3rd  
Street "Admissions & Business  
Office" entrance.

## Distance

5 Kilometers (3.1 Miles)

## Entry Fee

\$25 Available via Mail In/Walk In/  
Webpage Download

## Mail In & Walk In Registrations

Kenyon Senior Living  
127 Gunderson Blvd  
Kenyon, MN 55946  
(507) 789-6134

## Webpage Registration Download

[www.KenyonSeniorLiving.com](http://www.KenyonSeniorLiving.com)

## Online Registration Available

[www.raceentry.com](http://www.raceentry.com) search  
"Sprint For Seniors"

Or use the direct link:

[https://www.raceentry.com/races/  
ksl-sprint-fo-seniors-5k-fun-  
runwalk/2019/register](https://www.raceentry.com/races/ksl-sprint-fo-seniors-5k-fun-runwalk/2019/register)

## Race Day Packet Pick-up & Same Day Registration

8:00 am -8:45 am

## Race T-Shirts

Participants that register by May  
4th are guaranteed a short sleeved  
race shirt.

## Beverages & Snacks

Provided by our sponsors &  
volunteers immediately following  
the race.

## Awards

Medals will be given to the top 3  
finishers for both Men & Women  
age 19 and above.

Medals will also be given out  
to the top male & female finisher  
age 18 & under.

These will be given immediately  
following the race.

## Strollers & Pets Welcome

Please no bikes or rollerblades.  
Owner is 100% responsible for  
cleaning up after pets during the  
event.

## For More Information contact

Kenyon Senior Living  
127 Gunderson Blvd  
Kenyon, MN 55946  
(507) 789-6134

## Waiver & Release:

I hereby affirm that I have been well advised and thoroughly informed of the inherent hazards and policies of the event. I know that participation in the Annual Kenyon Senior Living Sprint for Seniors is a potentially hazardous activity. I should not participate unless I am medically able. I hereby personally assume all risks associated with my voluntary participation in this event for any harm, injury or damage that may befall me as a result of my participation, where foreseen or unforeseen, including but not limited to heat or cold related conditions. I understand and agree that neither Kenyon Senior Living, nor any of the sponsors of the event may be held liable in any way for any occurrence in connection with my participation in the Annual KSL Sprint for Seniors that may result in injury, death, or any other damages to me or my family, heirs or assigns, and in consideration of being allowed to participate in this event. I understand and agree that all entry fees are nonrefundable and nontransferable. Further, I acknowledge and agree that the Annual KSL Sprint for Seniors, in its sole discretion, may delay or cancel the event if it believes that the conditions on the race day are unsafe. In the event that the event is delayed or canceled for any reason, including but not limited to fire, strike, protest, labor difficulty, work stoppage, insurrection, war, public disaster, flood, unavoidable casualty, acts of God or the elements, or any other cause beyond the control of Kenyon Senior Living, there shall be no refund of the entry or any costs of the entrant in connection with the events. I hereby personally assume all risks in connection with said event for any harm, injury or damage that may befall me, including all risks connected therewith, whether foreseen or unforeseen; and further to save and hold harmless said even and persons from any claim by me or my family, estate, heirs, or assigns arising out of my participation in this event. I further state that I am of lawful age and legally competent to sign this affirmation and release or that I have acquired the written consent of my parents or guardians: that I understand the terms herein and contractual and note a mere recital; and that I have signed this document of my own free will. It is my intention by this instrument to exempt and release Kenyon Senior Living and all events sponsors for all liability whatsoever for personal injury, property damage or wrongful death arising out of or in the course of my participation in the event.

[www.KenyonSeniorLiving.com](http://www.KenyonSeniorLiving.com)