

Kenyon Senior Living Newsletter

This Institution Is An Equal Opportunity Employer & Provider

October 2018

Chelsea's Chatter Box

My time away is fast approaching; therefore I wanted to reiterate what the plan is while I am on leave. During my absence our Director of Nursing will be responsible for managing the campus in my absence. Seeing that Emily Quam, our Licensed Social Worker will also be out on her maternity leave, we have contracted with Temp Social Work to provide a Licensed Social Worker to be at our facility a minimum of 2 days a week. We have also contracted with a Licensed Nursing Home Administrator whom we have worked with in the past to help cover my duties and be available for emergencies. For day-to-day business, feel free to contact Denise Budd, our CFO, on Tuesdays and Thursdays and Julie Dyrdaahl on Mondays, Tuesdays, Wednesdays and Fridays. These two will be able to assist you or direct you to the right person on campus that can assist you with what you need!

I will be in contact with the facility during my leave to ensure I stay in the loop with the on-goings on campus. I will be back to visit and introduce my new little one with the residents and staff, they have already demanded that!

Memorials

We are grateful for all the gifts and memorials given to the Kenyon Senior Living. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. *Thank you.*

In Memory of:

Kenneth Roger Erie

Hazel Musgjerd

Did you know that donations can be designated/ restricted to different funds? Here are some of the Foundation funds you can designate your donations to: Activities, Employee Appreciation, Capital Campaign, Chaplaincy, & Gunderson Gardens. Any donations not designated/ restricted go into the general Unrestricted Foundation fund.

We Remember

We take this time to remember our dear friends that we have recently lost, but will never forget.

Dave Morris

Dave had been a staple on our campus and in our maintenance department since 1995 & his absence will be felt by many. Our continued thoughts and prayers are with all of his family and loved ones.



Chaplaincy

Donations

Oct 2017-Aug 2018

Church Donations
\$24,465.00

Chaplaincy Expense
\$22,997.04

We have 3 birthdays to celebrate on campus this month.

Happy Birthday!

Kenyon Sunset Home

Bette Marcuson— 95 on 10/7
Maxine Quimby—92 on 10/9

Gunderson Suites

John Nelson—82 on 10/3



*In Loving Memory
Of Every Cancer
Patient, Family
& Friends Who
Have Lost The
Battle Of Cancer
And The Ones
Who Continue
To Conquer It.*



Trick-or-treaters are welcome & encouraged to stop by the Sunset Home Lobby & Gunderson Gardens Lobby on October 31st between 3:30 & 5:30.

October Is Breast Cancer Awareness Month

KSL residents will be getting their flu shots early October. Make sure you are too!



What are the Parts of Medicare?

Part A (Hospital Insurance)

Helps Cover (Certain Criteria Must Also Be Met):

**Inpatient Care in Hospitals ~ Hospice Care ~ Home Health Care
Skilled Nursing Facility Care**

Part B (Medical Insurance)

Helps Cover:

**Services From Doctors & Other Providers ~ Outpatient Care ~ Home Health Care
Durable Medical Equipment ~ Preventative Services**

Part D (Prescription Drug Coverage)

Part D plans are run by private insurance companies that follow rules set by Medicare.

Helps Cover:

Costs of Prescription Drugs

What Are The General Medicare Coverage Options?

Original Medicare with Part A & Part B

With Original Medicare you can also add Part D Coverage with a Private Insurance.

You can also add Supplemental Insurance Coverage with a Private Insurance.

Medicare Advantage Plan

Also known as a “replacement plan” as you utilize the benefits of your plan instead of those of Original Medicare. An “all in one” alternative to the Original Medicare.

Typically includes Part A, B & D benefits.



What's the Medicare Open Enrollment Period?

Medicare health and drug plans can make changes each year—things like cost, coverage, and what providers and pharmacies are in their networks. October 15 to December 7 is when all people with Medicare can change their Medicare health plans and prescription drug coverage for the following year to better meet their needs.

How do people know if they need to change plans?

People in a Medicare health or prescription drug plan should always review the materials their plans send them, like the “Evidence of Coverage” (EOC) and “Annual Notice of Change” (ANOC). If their plans are changing, they should make sure their plans will still meet their needs for the following year. If they’re satisfied that their current plans will meet their needs for next year and it’s still being offered, they don’t need to do anything.

Where can people find Medicare plan information or compare plans?

1-800-MEDICARE or Medicare.gov. The Senior LinkAge Line is there to help too!

Senior LinkAge Line®-There is never any charge for their services!

The free call that does it all! 1-800-333-2433. The Senior LinkAge Line® is answered from 8 a.m. to 4:30 p.m. weekdays.

Senior Linkage Line® provides the actual assistance to help you get the information and personalized help you need to make good decisions. The Senior LinkAge Line® has expertise multiple areas including :

- Medicare
- Prescription Drug Expense assistance for Minnesotans of all ages
- Health Insurance Counseling

While you review your options there are a few things that we at Kenyon Senior Living would like you to be aware of:

-Kenyon Sunset Home does not have a contract with and therefore is unable to accept anyone that has a Medicare Advantage Plan with **HUMANA**. However, if you only have a Part D, or prescription drug coverage plan with Humana that is not an issue.



-Kenyon Senior Living verifies insurance upon and prior to admission, but it is the individual resident and/or families responsibility to know their own policy, along with what their plan does and does not cover. KSL cannot guarantee benefits and for any insurance benefit questions you need to speak directly with your insurance company or insurance agent.

This is why it is vital that KSL receives copies of all insurance cards on an annual basis and when there is a change in your policy.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>10:00 Manicures & Chat 11:00 Lounge Living 1:30 Bus Ride</p>  <p>HAPPY NATIONAL PHYSICAL THERAPY MONTH</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 White Board Games 4:00 Lounge Living</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Scary Spiders Craft 4:00 Lounge Living</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Conversation Ball Game</p>	<p>10:30 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Halloween Art</p>	<p>3:00 Coffee & Treats</p>	
<p>9:30 Chapel 3:00 Coffee & Treats</p> 	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>9:30 Maxine's 92nd Birthday 10:30 Fitness 11:00 Music with Lenice 2:30 Scary Spiders Craft 4:00 Lounge Living</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>9:00 VFW Men's Coffee in RW 10:30 Fitness 11:00 Music with Lenice 2:30 Who Am I? Game</p>	<p>12: National Farmer's Day 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 3:00 Music with Marty</p> 	<p>10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats</p>	
<p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 October Birthday Party 4:00 Lounge Living</p> 	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Roll A Jack-O-Lantern Game</p>	<p>10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Wine & Cheese Happy Hour</p>	<p>3:00 Coffee & Treats</p>	
<p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Halloween Bags Craft 4:00 Lounge Living</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Halloween Bags Craft</p>	<p>10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Paul & Friends</p> 	<p>10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats</p>	
<p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10:30 Fitness 11:00 Music with Lenice 2:30 Resident Council Fill Halloween Bags 4:00 Lounge Living</p>	<p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana 3:30-5:30 Trick-or-Treaters</p>	<p>Kenyon Sunset Home October 2018</p> 			

Spontaneous Activities, One to Ones and Small groups done weekly

Dining Times:
Breakfast 8:00 * Lunch 11:45 * Supper 5:45

Mail is delivered Mon-Sat.
Coffee & Treats Monday-Friday at 3:00

A la cart items always available in resident lounge at the activity center

Equal Opportunity Employer & Provider

Kenyon Sunset Home Activity Calendar