

# Kenyon Senior Living Newsletter

May 2017

## Chelsea's Chatterbox

Easter has come and gone but has left me with a sense of NEWness! My daily devotional was talking about seeing things with 'NEW eyes.' Revelations 21:5 states "I am making everything new." A NEW Spring has returned (despite that bout of snow we had last week) and this weather is lifting my spirits. The devotional spoke of the Easter spirit in terms of a renewal which allows us to take each NEW day with a positive attitude, create NEW relationships (and work on maintaining old relationships) and to find NEW ways to express appreciation for one another. It reminded me to look at the world through NEW eyes - God's eyes. It is a good reminder to us all, to take each NEW day in this respect.

### Upcoming Events:

**Spring/Summer Volunteer Work Days: May 12 and 19!** The following are just some of the volunteer tasks we have lined up: brush and leaf clean up, painting, window washing, planting flowers...just to name a few! We have other fun things planned in the upcoming months that we will keep you all updated on.

**KSL Golf Classic: Saturday, July 8<sup>th</sup>!** Registration at 11am; Golf starts at 12:15pm with a Social Hour and Awards Program to follow. *Registration:* Single golfer \$50; 4-person team \$200 (this includes 18 holes, cart, lunch and appetizers)! We will stay POSITIVE about the weather and participation not cancelling this event this year! We are encouraging our member and non-member churches to put teams together again for this year's event...perhaps a little friendly competition.

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Our 3rd Annual KSL Sprint For Seniors 5K Fun Run/Walk was held on Saturday, April 29<sup>th</sup> & was a great success! Thank you to those who participated & cheered.

A very special thank you to our wonderful sponsors this year:

- \*D&S Design \* Custom Ink \* Road ID \* Hwy 60 Motor Sales\*
- \* Doug Kleese Construction \* Caron Enterprises\*
- \*Kenyon Holden Warsaw Mutual \* Milo Peterson Ford\*
- \*Sterling LTC Pharmacy \* Security State Bank of Kenyon\*
- \*Kenyon Ace Hardware \* St. Croix Hospice \* KABA\*
- \*Horizon Agency \* Kenyon American Legion\*
- \*Kenyon VFW \* Kenyon Veterans Color Guard \*
- \*Ugland Construction \* Foldcraft Company\*



We are grateful for all the gifts and memorials given to Kenyon Senior Living. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. *Thank you.*

### **In Memorial:**

Shirley Foss

*Did you know that donations can be designated/restricted to different funds? Here are some of the Foundation funds you can designate your donations to: Activities, Employee Appreciation, Capital Improvements, Chaplaincy, and Gunderson Gardens. Any donations not designated/restricted go into the general Unrestricted Foundation fund.*

**HAPPY BIRTHDAY TO ALL!!!**

### **Kenyon Sunset Home**

**Alice Helgeson** will be 100 on May 9th. Her family is throwing her a birthday party in the Sunset Home Dining Room on Sunday May 7th from 1:00pm-3:00pm. All are welcome to help her celebrate this milestone.



**Norma Spicer** will be 98 on May 28th.

**Florence Feldmann** will be turning 103 on May 29th.

**Fred Moore** will be 83 on May 31st.



Everyone is invited to help us celebrate these birthdays at the May Birthday Party on Thursday, May 25th at 2:30 in the Sunset Home Dining Room.

### **Gunderson Suites**

**Shirley Pithey** will be turning 84 on May 23rd!

National Nurse Appreciation Week starts on May 7th. Thank you to all of the nurses that provide our campus residents with care! We are very lucky to have you on our team.

Thank you **Cristi, Mary, Pam, Patty, Shelley, Anita, Rich, Deb, Alicia, Pennie & Carol!**

**Nursing is  
the gentle art of  
caring.**

**NATIONAL NURSING  
HOME WEEK**

**MAY 14-20, 2017**



National Nursing Home Week starts May 14th. Be sure to check out our Facebook page ([Kenyon Senior Living](#)) that week to see what some of our Nursing Home residents have to say about the facility, living here, what they want you and others to know! These will also all be highlighted in next month's newsletter.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>May Day</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 May Day Memories	2 10:30 Fitness 11:00 Music with Lenice 2:30 What am I? (Game) 4:00 Lounge Living	3 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	4 10:00 Lost & Found 10:30 Fitness 11:00 Music with Lenice 2:30 Flower Fan Craft	5 <b>Cinco de Mayo</b> 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 CHAPEL SERVICE	6 <b>Nurse's Day</b> 3:00 Coffee & Treats 5:30 Kentucky Derby Raceon NBC
7 <b>Nurse's Week</b> NO CHAPEL 3:00 Coffee & Treats	8 10:00 Manicures & Chat 11:00 Lounge Living 1:30 Bus Ride Or 2:30 Horse Races	9 <b>Alice H's 100th Birthday</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Music with Alissah 4:00 Lounge Living	10 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	11 9:00 VFW Men's Coffee in RW 10:30 Fitness 11:00 Music with Lenice 2:30 Memories of Mother's Day	12 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 3:00 Andy & Marty	13 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats
14 <b>Mother's Day</b> <b>Nursing Home Week</b> 9:30 Chapel 3:00 Coffee & Treats	15 <b>Blue Day</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:45 Auxiliary at Gunderson Gardens	16 <b>Red Day</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Dragon Flies Craft 4:00 Lounge Living	17 <b>Purple Day</b> 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	18 <b>Green Day</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Balloon Ball	19 <b>Favorite Color Day</b> 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Happy Hour	20 3:00 Coffee & Treats
21 9:30 Chapel 3:00 Coffee & Treats	22 10:00 Manicures & Chat 11:00 Lounge Living 1:30 Bus Ride Or 2:30 Work Games	23 <b>International Turtle Day</b> 10:30 Food Committee 11:00 Music with Lenice 2:30 Turtle Craft 4:00 Lounge Living	24 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	25 10:30 Resident Council 11:00 Music with Lenice 2:30 May Birthday Party	26 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Paul & Friends	27 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats

# Kenyon Sunset Home May 2017 Activities

28 <b>Norma's 98th Birthday</b> 9:30 Chapel 3:00 Coffee & Treats  <b>National Hamburger</b>	29 <b>Florence's 103rd Birthday</b> 11:00 Lounge Living 3:00 Coffee & Treats	30 10:30 Fitness 11:00 Music with Lenice 2:30 Gardening (Planting our Veggies) 4:00 Lounge Living	31 <b>Fred's 83rd Birthday</b> 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana
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Kenyon Senior Living

# Golf Tournament

**SATURDAY**

**July 8th**

**Everyone is eligible for door prizes!**

## Kenyon Country Club

Four Person Best Ball

Registration/Lunch: 11:00 am      Shotgun Start: 12:15pm

Appetizers & Social Hour: 5:00 pm



4 Person Team Golf and Cart: \$200

Single Golfer and Cart: \$50

**RSVP deadline is June 30th!**

Limited Space....Sign up Soon!



Proceeds Benefiting  
Kenyon Senior Living's  
Capital Improvement Fund



Please make checks payable to:  
Kenyon Sunset Home Foundation  
and mail to 127 Gunderson Blvd. Kenyon, MN 55946  
Questions? Call Chelsea at 789-7101

# THANK YOU

**Nerstrand Men's Choir**

It is such a treat to our campus when you perform for us on Good Friday.  
Thank you for sharing your talents & gifts with us.  
We are already looking forward to hearing you next year!

