



Kenyon Sunset Home Newsletter

MARCH 2019

Chelsea's Chatter Box

Memorials

We are grateful for all the gifts and memorials given to the Kenyon Sunset Home, Gunderson Gardens, Rose Wing and Suites. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. Thank you.

In Memory of:

Helen Wegner

We Remember

We take this time to remember our dear friends that we have recently lost, but will never forget.

Helen Wegner

Barb Nelson

Debra

McWaters

Waldo Lang

Fred Moore

Don Haugen

I am officially back! Life has surely changed with the addition of Adalie Pearl Rae Kalal to our family. Big brother Eli loves his sister and is quite protective already at the young age of 2!

Emily Quam, our Social Worker, is also back from her maternity leave. She and her husband welcomed Elsie Bray Quam to her family and they have been adjusting and loving every minute being a family of 3 now.

The quote 'It takes a village' is so true. Our village of managers, contracted LSW and LNHA and employees did a wonderful job while we were away soaking in and adjusting to our new normal on our maternity leaves. Now we begin getting to know our new residents and employees and getting adjusted to this new normal here on campus. Thank you all again for your support over these past few months, we truly appreciate it.

We are in the process of planning our 4th 5K Fun Run/Walk, the **"KSL Sprint for Seniors."** We have not finalized our date, but will let everyone know once it has been set! We are looking forward to another great turnout. Now that I am back I will be starting to think about our **6th Annual Golf Tournament** and hope to set that date very soon as well.

On a rather sad note, the Kenyon Sunset Home Auxiliary has decided to become an inactive organization at this time. They do however hope that in the future the group can be revived with new members that want to resume its operations. The auxiliary has provided a lot for our campus and residents over the past 50+ years. Their main focus and contributions over these past years was to fund the aviary in the Kenyon Sunset Home lobby, help fund cable TV in some of our common spaces as well as provide monthly programs for our residents to enjoy. We hope that this group will again be able to thrive here in our community.





Congratulations to the Sunset Home Valentine's Day King, Davis Strandemo & Queen Toots Meyer.

They were voted on by the facility residents & staff.

Volunteers Needed!

We have had a few volunteers recently 'retire' from volunteering. Due to this we are in need of new volunteers! No experience is necessary. There are a wide variety of ways to volunteer. If you are interested please speak with Emily Quam. You can reach her at (507) 789-7102 or email her at equam@kenyonsunsethome.com.

BINGO *Walks* **Van Driver** **Animal Visits** **Musical Talents**

One on One Time With Residents **Games**



Due to weather our Annual Meeting has been postponed. Please keep an eye out on our Facebook page for information regarding the new date.

You can also call (507) 789-6134 for this information. Letters will be sent out to all churches & church delegates we have on file.

Happy Birthday

Kenyon Sunset Home

3/24: Judy Langemo—83

Gunderson Gardens, Rose Wing & Suites

3/13: JoAnne Flom

3/15: Maggie Suarez

3/18: Leroy Underdahl

3/18: Ken Meyers

3/27: Ceal Foss

Work Anniversaries

Dawn Berquam ~1 Year

Diane Black ~ 8 Years



Just for fun

WORD FIND

K D T W G G N N U E R F M N V Z C W S S Q Q P G V
 F C A U C R U E O E A X A Q J L M P R O B I N O L
 B H I F O E Z E Q B I H P Y O H O X G W L G D L L
 X X J R F R J R H E N D N V R R L V M U X Q Q D W
 M U Z A T O P G V L B O E H D C U Q T Q O E M J X
 U U D Q M A D S C B O R H N S H A M R O C K L P M
 F P N U G T P I Q M W Y I P V L N J P G D Z J J U
 F G N I R P S T L U J A G R K Q U L H E W L Q M Z
 W Z R A K S P Y S B R Q M N B E N C P L H K G U O
 W H K N U A H C E R P E L S Z R J W K N C E E O J

STPATRICK
 SHAMROCK
 LUCK

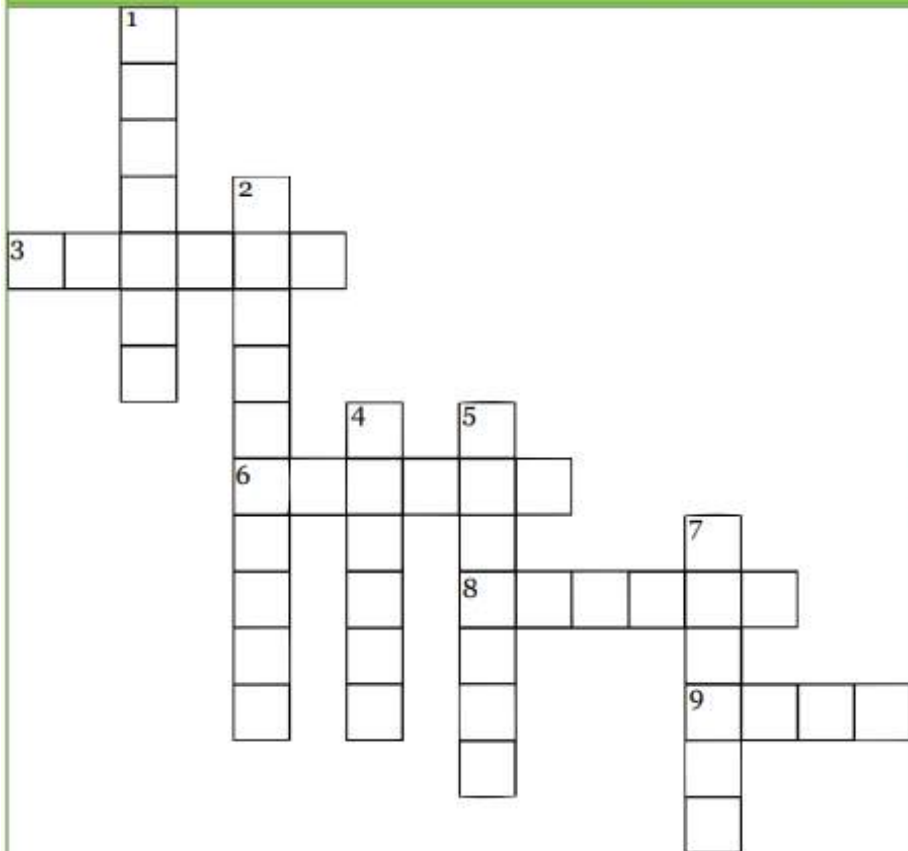
CLOVER
 GREEN
 RAINBOW

GOLD
 LEPRECHAUN
 SPRING

DAFFODIL
 TULIP
 SPROUT

BUMBLEBEE
 ROBIN
 RAINDROPS

CROSS-WORD



Across

3. St. Patrick is believed to have driven _____ out of Ireland.
6. Lucky charm with 4 leaves.
8. First female Justice of Peace in the U.S. (last name)
9. 'March comes in like a lion and goes out like a _____.'

Down

1. City that dyes their river green for St. Patrick's day.
2. Irish fairy.
4. Vegetable that can be mashed, boiled, or baked.
5. In 1010, the first international Women's Day conference was held in _____.
7. The flower of March.

ACROSS: 3) Snakes 6) Clover 8) Morris 9) Lamb
 DOWN: 1) Chicago 2) Leprechaun 4) Potato 5) Denmark 7) Violet

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Kenyon Sunset Home

MARCH 2019



3 9:30 Chapel 3:00 Coffee & Treats	4 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Price is Right	5 Mardi Gras (Fat Tuesday) 10:30 Fitness 11:00 Music with Lenice 2:30 Color My World 4:00 Lounge Living	6 Ash Wednesday 10:10 Ash Wednesday Service 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	7 10:30 Fitness 11:00 Music with Lenice 2:30 Leprechaun Hats	8 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Wine & Cheese Happy hour	9 3:00 Coffee & Treats
10 Administrator Week 9:30 Chapel 3:00 Coffee & Treats Daylight Saving Starts	11 Red Day 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Art Class 3:30 Adopt A Grandparent Fun	12 Sports Day 10:30 Fitness 11:00 Music with Lenice 2:30 Shamrock Craft 4:00 Lounge Living	13 Blue Day 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	14 National Agriculture Day 9:00 VFW Men's Coffee in RW 10:30 Fitness 11:00 Music with Lenice 2:30 Roll-A-Leprechaun	15 Green Day 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 3:00 Music by Marty	16 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats
17 St. Patrick's Day 9:30 Chapel 3:00 Coffee & Treats	18 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Spring Cleaning (Reminisce)	19 10:30 Fitness 11:00 Music with Lenice 2:30 White Board Game 4:00 Lounge Living	20 First Day of Spring 10:30 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	21 10:30 Fitness 11:00 Music with Lenice 2:30 Who Am I?	22 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Spring Art	23 3:00 Coffee & Treats
24 Judy's 83rd B-day 9:30 Chapel 3:00 Coffee & Treats	25 10:00 Manicures & Chat 11:00 Lounge Living 2:30 March Birthday Party	26 10:30 Fitness 11:00 Music with Lenice 2:30 Food Committee 4:00 Lounge Living	27 9:30 Intergenerational Craft 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	28 10:30 Fitness 11:00 Music with Lenice 2:30 Resident Council	29 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Paul & Friends	30 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats