



# Kenyon Senior Living Newsletter

June 2019

## Chelsea's Chatterbox

Kenyon Senior Living's 5<sup>th</sup> Annual 5k Sprint for Seniors was a GREAT success this year! With nearly 50 participants, we were able to fundraise over \$1000.00 this year that will be used for Resident Entertainment on campus!

Friday, July 26<sup>th</sup>, 2019 is our Annual Golf Tournament this year! Registration will occur at 11am; Golf starts at 12:15pm. We will have a Social Hour and Awards Program to follow. Registration for a Single golfer is \$50; a 4-person team is \$200. This includes 18 holes, cart, lunch and social hour with appetizers! All individuals, Churches and organizations are encouraged to participate in this fundraising event for Kenyon Sunset Home Foundation by forming a 4 person team or multiple teams even! Are you a single golfer looking to participate? Do not hesitate; we can create a 4-some for you. Call me, Chelsea, at 507-789-7101 to register.

**An update on our Chaplaincy program.** Many of you may already be aware that as of May 31<sup>st</sup> Pastor Nancy Edwardson is no longer serving at Moland Lutheran Church. Pastor Nancy does intend to continue her Chaplaincy Services and fulfill her duties with our Chaplaincy Program through the upcoming few months. Knowing that her time will come to an end here at Kenyon Senior Living, I along with our Board of Directors will be working on setting up a meeting with our local Churches to devise a plan as to how the Kenyon Senior Living Chaplaincy Program and Chaplain Role will look in our future. Having these spiritual services available to all on campus is very important to us, so know that we are working to maintain this program on our campus.

### Chaplaincy

10/1/18—4/31/19

### Expenses

\$14,661.25

### Church

### Contributions

\$14,566.00

### Senior LinkAge Line ® Specialist Coming to Northfield!

Starting May 23rd, Senior LinkAge Line ®, SLL, staff will have a presence at FiftyNorth in Northfield to take walk-ins and consult with seniors and families in regards to Medicare, Long-Term Care planning, appeals, forms assistance and more. Staff will be available from 10am-3pm every 4th Thursday of the month.



A One Stop Shop for Minnesota Seniors

SLL staff will be at FiftyNorth on these dates:

June 27<sup>th</sup>

July 25<sup>th</sup>

August 29<sup>th</sup>

September 26<sup>th</sup>

October 24<sup>th</sup>.

The November & December dates are yet to be set.

FiftyNorth is located at 1651 Jefferson Pkwy in Northfield.

Please stop by, no appointment is necessary!

**Southeastern Minnesota Area on Aging, Inc.** is the designated area agency on aging for the 11-county region of Southeastern Minnesota. The agency was established in 1976 by the Minnesota Board on Aging and has been a 501-C3 non-profit since 1981. We receive [Older Americans Act funds](#) and state funds that are awarded to local service providers for community based programs for older people.

Kenyon Senior Living Is An Equal Opportunity Employer & Provider.

## We Remember

We take this time to remember our dear friends that we have recently lost, but will never forget.

**George Olson**

**Russell Quamme**

**Maxine Quimby**

**Anita Sturtz**

**Don Ryan**

**Elroy "Sunny" Forss**

**Marie Baumgartner**

## Memorials

We are grateful for all the gifts and memorials given to Kenyon Senior Living. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. *Thank you.*

### In Memory of:

**Russell Quamme**

**Toots Meyer**

**Shirley Langemo**

*Did you know that donations can be designated/restricted to different funds? Here are some of the Foundation funds you can designate your donations to:*

*Activities, Employee Appreciation, Capital Improvements, Chaplaincy, and Gunderson Gardens. Any donations not designated/restricted go into the general Unrestricted Foundation fund.*

**Thank you to all of our 5K participants, sponsors & volunteers! It was a beautiful day & the residents had fun cheering everyone on. See you again next year!**



**Certified Nursing Assistant (CNA) Appreciation Week is June 13th-19th. During this week we show extra appreciation to all of our CNAs and Home Health Aides for all that they do for our residents.**



### Kenyon Sunset Home

**Roger Baalson will be 81 on June 8th.**

**Ernie Juaire will be 88 on June 19th.**

**Doris Henke will be 94 on June 28th.**

### Gunderson Gardens

**John Shelstad will be 94 on June 3rd.**

**Shirley Underdahl will be 83 on June 25th.**

**Pauline Witt Majerus will be 93 on June 29th.**

### Work Anniversaries

**Ladena Wetzstein ~ 1 Year**

**Liz Callahan ~ 4 Years**

**Alicia Lankford ~ 5 Years**

**Julie Dyr Dahl ~ 11 Years**

**Pennie Moe ~ 11 Years**



Kenyon Senior Living

# Golf Tournament

**FRIDAY**

**July 26th**

Everyone is eligible for door prizes!

## Kenyon Country Club

Four Person Best Ball

Registration/Lunch: 11:00 am      Shotgun Start: 12:15pm

Appetizers & Social Hour: 5:00 pm



4 Person Team Golf and Cart: \$200

Single Golfer and Cart: \$50

**RSVP Deadline is July 19th!**

Limited Space....Sign up Soon!



Proceeds Benefiting  
Kenyon Senior Living's  
Capital Improvement Fund



Please make checks payable to:  
Kenyon Sunset Home Foundation  
and mail to 127 Gunderson Blvd. Kenyon, MN 55946  
Questions? Call Chelsea at 789-7101

Yes, I want to participate!

- o Eagle Sponsor (\$400)
- o Birdie Sponsor (\$200)
- o Par Sponsor (\$100)

**Preferred Sponsor Name for Marketing Signage**

- \_\_\_\_\_
- o Foursome for Golf (\$200)
- o Single Golfer (\$50)
- o Social Hour Attendee (\$10)

Registration Form on Backside!

- o Other Donation: \_\_\_\_\_

Enclosed is a check for: \$ \_\_\_\_\_

Please make checks payable to  
*Kenyon Sunset Home Foundation*  
and mail registration card and payment to  
**KSH Foundation**  
127 Gunderson Blvd.  
Kenyon, MN 55946

**RSVP Deadline is July 19th!**

I am unable to participate, but would like to give a donation. Enclosed is a check for \$ \_\_\_\_\_

Your gift is tax deductible.

Name: \_\_\_\_\_

Company/Church: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

### Golfers:

First Foursome:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Second Foursome:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





# WELCOME SUMMER

C X A G N B H R C I Y J D L M K R A P E M E H T  
A A T E P A R T I E S V F R U G A D H B T I J N  
M L R H J W K K E Y S E I L F E R I F B L E U K  
P B M N T K E O Y F P O U Q I W X R I H F S M O  
I L D V I C E C R E A M R X S D W Y R G L Y P Z  
N A P B O V C G P D S H E R H F S S E G I V R H  
G R P H U L A H O O P S I J I J J A W K P H O L  
M O D N A O F L O P G Q J R N S K N O T F U P V  
W L F X P Y J Z L A A W E S G B L D R C L P E D  
E L H F J G O H X I Q J W E K R L A K G O M H N  
O E B S P C A U G U S T Q I C R X L S U P Z T M  
V R G U H T D E R T H J K V L O H S B T S D R G  
D C H N R V J T N C H A R O M H R L E E D E A F  
P O P S I C L E S T T Y U M O Y L K K C I N H G  
E A X C C W E T Y K C S G N A E M I E F A H A Q  
S S T R N O N N E G H W O E V X B P A R A D E S  
H T U E A D J U L Y R I B J R K E Y M M G H E V  
A E S E T D F F Q W T M E R E T A Y U I H S O P  
A R S N A D F G H A J M K L L Z C X C V S B N S  
M Q W E L R T U C T I I O P K A H S D A A F G C  
H J K L I Z X A C V B N N M N Q R W L E L N U I  
R T Y E E U V I O P A G S D I F G G H J P A J N  
Z X N C V B N F D H J T R H R J N K L E S G W C  
I U E R K S E N O C W O N S P U P C I H G E W I  
J W H C O O K O U T S W E E S D L K I J F M D P

AUGUST  
BEACH  
BIKES  
CAMPING  
CARNIVAL  
COOKOUTS  
FIREFLIES  
FIREWORKS  
FISHING  
FLIPFLOPS

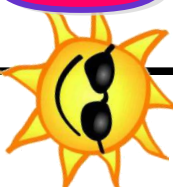
FUN  
HULA HOOPS  
ICE CREAM  
JULY  
JUMPROPE  
JUNE  
MOVIES  
PARADES  
PARTIES  
PICNICS  
POOL

POPSICLES  
ROLLERCOASTER  
SANDALS  
SPLASH  
SPRINKLER  
SNOWCONES  
SUNGLASSES  
SUNSCREEN  
SWIMMING  
THEME PARK  
VACATION

Sun      Mon      Tue      Wed      Thu      Fri      Sat

# Kenyon Sunset Home

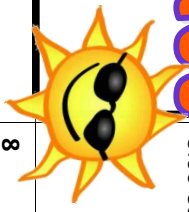
# June 2019



		1 3:00 Coffee & Treats	
2	9:30 Chapel 3:00 Coffee & Treats	3	10:00 Manicures & Chat 11:00 Lounge Living 2:30 Conversation Ball
4	10:30 Fitness 11:00 Music with Lenice 2:30 Summer Craft 4:00 Lounge Living	5	10:00 1:1 Visits 10:10 Bible Study 2:45 BINGO
6	10:30 Fitness 11:15 Music with Lenice 2:30 Wind Spinners	7	10:00 Fitness 10:30 God Talk 2:30 Flower Bingo 3:00 Root Beer Floats
8	10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats	9	10:15 Chapel 3:00 Coffee & Treats
10	10:00 Manicures & Chat 11:00 Lounge Living 2:30 White Board Games	11	10:30 Fitness 11:00 Music with Lenice 2:30 Garden Rocks Paint
12	10:00 1:1 Visits 10:10 Bible Study 2:45 BINGO 3:30 Kenyon News	13	<b>CNA Week Starts</b> 9:00 VFW Men's Coffee-RW 10:30 Fitness 11:15 Music with Lenice
14	10:00 Fitness 10:30 God Talk 3:00 Music by Marty	15	3:00 Coffee & Treats
16	<b>Father's Day</b> 10:15 Chapel 3:00 Coffee & Treats	17	10:00 Manicures & Chat 11:00 Lounge Living 2:30 Courtyard Walk Bracelet
18	10:30 Fitness 11:00 Music with Lenice 2:30 ABC Trivia 4:00 Lounge Living	19	<b>Ernie's 88th Birthday</b> 10:00 1:1 Visits 10:10 Bible Study 2:45 BINGO 3:30 Kenyon News
20	10:30 Fitness 11:15 Music with Lenice 2:30 Summer Games	21	10:00 Fitness 10:30 God Talk 2:30 Wine & Cheese Happy Hour
22	10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats	23	10:15 Chapel 3:00 Coffee & Treats
24	10:00 Manicures & Chat 11:00 Lounge Living 2:30 June Birthday Party	25	10:30 Fitness 11:00 Music with Lenice 2:30 Food Committee 4:00 Lounge Living
26	10:00 1:1 Visits 10:10 Bible Study 2:45 BINGO 3:30 Kenyon News	27	10:30 Fitness 11:15 Music with Lenice 2:30 Resident Council
28	<b>Doris's 94th Birthday</b> 10:00 Fitness 10:30 God Talk 2:30 Paul & Friends	29	3:00 Coffee & Treats
30	10:15 Chapel		

# Gunderson Gardens, Rose Wing & Suites

## June 2019



	<b>1</b>	3:00 Coffee/Treats
<b>2</b>	9:30 Chapel 3:00 Coffee/Treats	10:15 Exercise Group 2:30 Manicures with Sandy <b>2:30 Birthday Party for John!!</b> 6:30 Movie/Treat RW <i>John S's Birthday!</i>
<b>3</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats
<b>4</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats
<b>5</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats
<b>6</b>	10:15 Exercise Group	10:15 Exercise Group 10:45 Music-Lenice <b>1:30 BINGO @ GG</b>
<b>7</b>	10:15 Exercise Group	2:00 Music by Sharon "Old Time Favorites" 3:00 Coffee/Treats 3:15 Chaplain Chats
<b>8</b>	3:00 Coffee/Treats	
<b>9</b>	10:15 Chapel	10:15 Exercise Group <b>1:30 Activities with Bev</b> 3:00 Coffee/Treats 6:30 Movies/Treats RW
<b>10</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats
<b>11</b>	10:15 Exercise Group	10:15 Exercise Group <b>2:30 Crafts with Linda</b> 3:00 Coffee/Treats
<b>12</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats
<b>13</b>	9:00 VFW Men's Coffee in RW	10:15 Exercise Group 10:15 Exercise Group 10:45 Music-Lenice <b>1:30 BINGO @ GG</b>
<b>14</b>	<b>FLAG DAY</b>	10:15 Exercise Group 1:30 Games @ RW 3:00 Music by Marty 3:15 Chaplain Chats
<b>15</b>	3:00 Coffee/Treats	
<b>16</b>	10:15 Chapel	10:15 Exercise Group <b>1:30 Dice Game GG Dining Room-Bonnie/Tamra</b> 3:00 Coffee/Treats 6:30 Movie/Treats RW
<b>17</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Residents Mtg 2:00 Games @ RW 3:00 Coffee/Treats
<b>18</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats
<b>19</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats <b>5:00 Bday Supper with Linda and Volunteers!!</b>
<b>20</b>	10:15 Exercise Group	10:15 Exercise Group 10:45 Music-Lenice <b>1:30 BINGO @ GG</b>
<b>21</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW <b>3:00 Happy Hour with the Volunteers!!</b>
<b>22</b>	3:00 Coffee/Treats	
<b>23</b>	10:15 Chapel	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats 6:30 Movie/Treats-RW
<b>24</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats
<b>25</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats <i>Shirley U's Birthday!</i>
<b>26</b>	10:15 Exercise Group	10:15 Exercise Group <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats 4:00 Berne Summer Concert with Pizazi!
<b>27</b>	10:15 Exercise Group	10:15 Exercise Group 10:45 Music-Lenice <b>1:30 BINGO @ GG</b>
<b>28</b>	10:15 Exercise Group	10:15 Exercise Group 1:30 Games @ RW 2:30 Paul & Friends KSH 3:15 Chaplain Chats
<b>29</b>	3:00 Coffee/Treats	<i>Pauline W's Birthday!</i>