

# Kenyon Senior Living Newsletter

**April 2019**



## Chelsea's Chatter Box

Spring is here...finally, or so we can hope! I think most of us are done with this year's Winter weather. We are in the midst of planning our Spring and Summer events here on campus.

First up is our 5th Annual 5k Spring for Seniors. We plan to hold this event on May 11, 2019. you can register by mail or by going to [www.RaceEntry.com](http://www.RaceEntry.com).

I am in the process of finalizing a golf tournament date, so keep your eye out in upcoming newsletters and on our Facebook page for this information!

Our residents will be busy the first few weeks in April helping fill 3,000 Easter eggs again this year. They will be used for the Kenyon Area Business Association's (KABA) annual Easter Egg Hunt. This year the event will be held at the East Playground Field at the Kenyon school location on April 20, 2019 at 1:00pm, with pictures with the Easter Bunny starting around 12:30pm. We encourage individuals to bring food shelf donations for the All Seasons Food Shelf.

Our residents are eager to get outside and enjoy the sunshine and fresh air. Many enjoy working in our flower and vegetable gardens that are spread about campus. Others are really looking forward to the bus rides that are scheduled. We must not forget about the dog show that helps wrap up the summer events too...keep your eye out for information on that later this Summer!

It is looking like we will be busy on campus in the upcoming months!

## Happy Birthday To You!

### Kenyon Sunset Home

Dolores Voxland will be 91 on the 21st  
Ethel Thompson will be 85 on the 27th

### Gunderson Gardens

Marlene Mattson will be 81 on the 8th  
Irene Fredrickson will be 81 on the 10th  
Don Mattson will be 85 on the 25th



## Employment Anniversaries

Julie Broin 46 Years  
Ashley Patterson 5 Years  
Patty Mollenhauer 5 Years  
Rich Eischens 4 Years  
Andy Floren 2 Years

# May 11, 2019

## Sprint For Seniors 5K Fun Run/Walk



**9:00 am Start \* \$25 Registration Fee**

Registration Form & More Information Available To  
Download At:

[www.KenyonSeniorLiving.com](http://www.KenyonSeniorLiving.com)

Or Stop By Campus or Check Out Our Facebook Page  
& Event For More Information

## We Remember

We take this time to remember our dear friends that we have recently lost, but will never forget.

**Raymond Schmitz**  
**Dolly Thomas**  
**Toots Meyer**

## Memorials

We are grateful for all the gifts and memorials given to the Kenyon Sunset Home, Gunderson Gardens, Rose Wing and Suites. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. Thank you.

### In Memory of:

Lois Herrlich, Evonne Johnson, LaVonne Clark, Waldo Lang, Arlys Thompson



WE LOVE  
OUR VOLUNTEERS

April 7-13th is National Volunteer Appreciation Week. We will be holding our annual Volunteer Appreciation Social on Thursday, April 11th at 2:30 pm in the Sunset Home Dining Room.

This is a great time of fellowship for all of our residents, volunteers & staff to have with one another to say thank you.

## For Easter Only,



## Chapel Will Be Held At 10:30

**April 11th is  
World  
Parkinson's  
Awareness Day.**



*April is national  
OCCUPATIONAL  
THERAPY month!*

Have you thanked an OT today?

Occupational therapy is the only profession that helps people across the lifespan to do the things they want and need to do through the therapeutic use of daily activities (occupations). Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent—or live better with—injury, illness, or disability.

**Happy "OT" Month To Our Campus Occupational Therapist Karla!**

During Administrative Professionals week we recognize  
3 special members of our team.

All of their hard work is very much appreciated!

**Julie Dyrda**— Human Resources Manager

**Denise Budd**— Chief Financial Officer

**Shari Haugaard**—Staff Development & Nursing  
Department Scheduler

HAPPY  
ADMINISTRATIVE  
PROFESSIONALS WEEK

**April 22-26**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p><b>National Occupational Therapy Month!</b></p> <p><b>1</b> April Fools Day! 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats 6:30 Movie/Treats-RW</p>	<p><b>2</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats</p>	<p><b>3</b> 10:15 Exercise Group 1:30 Games @ RW 2:45 BINGO @ KSH 3:00 Coffee/Treats</p>	<p><b>4</b> 10:15 Exercise Group <b>Bingo!!</b> 3:00 Coffee/Treats <b>5:00 Birthday Supper—March</b></p>	<p><b>5</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats <b>3:15 Chaplain Chats</b></p>	<p><b>6</b> <b>2:00 Sharon Holets "Spring Has Sprung" Performance</b> 3:00 Coffee/Treats</p>	
<p><b>7 National Volunteer Week</b> 9:30 Chapel 3:00 Coffee/Treats</p>	<p><b>8</b> 10:15 Exercise Group 1:30 Games @ RW 2:30 Manicures with Sandy! <i>Marlene M. Birthday!</i></p>	<p><b>9</b> 10:15 Exercise Group 1:30 Games @ RW 2:30 Crafts with Linda! 3:00 Coffee/Treats</p>	<p><b>10</b> 10:15 Exercise Group 1:30 Games @ RW 2:45 BINGO @ KSH 3:00 Coffee/Treats <i>Irene F. Birthday!</i></p>	<p><b>11</b> World Parkinson's Awareness Day 10:15 Exercise Group 10:45 Music-Lenice 2:30 Volunteer Thank You Social @ KSH</p>	<p><b>12</b> 10:15 Exercise Group <b>1:30 Bingo!!</b> 3:00 Coffee/Treats <b>3:00 Music by Marty @KSH</b> <b>3:15 Chaplain Chats</b></p>	<p><b>13</b> 3:00 Coffee/Treats</p>
<p><b>14 Palm Sunday</b> 9:30 Chapel 3:00 Coffee/Treats</p>	<p><b>15</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats 6:30 Movie/Treats-RW</p>	<p><b>16</b> 10:15 Exercise Group <b>1:30 Fill Easter Eggs</b> 3:00 Coffee/Treats</p>	<p><b>17</b> 10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats</p>	<p><b>18 Maunday Thursday</b> <b>9:00 VFW Men's Coffee in RW</b> 10:15 Exercise Group 10:45 Music-Lenice <b>1:30 Bingo!!</b> <b>3:00 Happy Hour!!</b></p>	<p><b>19 Good Friday</b> 10:15 Exercise Group <b>10:30 Good Friday Service @ KSH</b> 1:30 Games @RW <i>Afternoon: Nerstrand Men's Choir</i></p>	<p><b>20</b> 3:00 Coffee/Treats</p>
<p><b>21 Easter Sunday</b> <b>10:30 Chapel—Easter Service</b> 3:00 Coffee/Treats</p>	<p><b>22</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats</p>	<p><b>23</b> 10:15 Exercise Group 1:30 Residents Mtg 2:00 Games @ RW 3:00 Coffee/Treats</p>	<p><b>24</b> 10:15 Exercise Group 1:30 Games @ RW <b>2:45 BINGO @ KSH</b> 3:00 Coffee/Treats</p>	<p><b>25</b> 10:15 Exercise Group 10:45 Music-Lenice <b>1:30 Bingo!!</b> <b>5:00 Birthday Supper</b> <i>Don M. Birthday!</i></p>	<p><b>26</b> 10:15 Exercise Group 1:30 Games @ RW <b>2:30 Paul &amp; Friends @ KSH</b> 3:00 Coffee/Treats <b>3:15 Chaplain Chats</b></p>	<p><b>27</b> 3:00 Coffee/Treats</p>
<p><b>28</b> 9:30 Chapel 3:00 Coffee/Treats</p>	<p><b>29</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats 6:30 Movie/Treats-RW</p>	<p><b>30</b> 10:15 Exercise Group 1:30 Games @ RW 3:00 Coffee/Treats</p>	<p><b>April 2019 Activity Calendar</b> <b>Gunderson Gardens</b></p>			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>National Occupational Therapy Month</b>	<b>1 April Fools Day!</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 White Board Game	<b>2</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Color Eggs 4:00 Lounge Living	<b>3</b> 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	<b>4</b> 3:00 Coffee & Treats	<b>5</b> 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Flower Bingo	<b>6</b> 3:00 Coffee & Treats
<b>7</b> 9:30 Chapel 3:00 Coffee & Treats <b>National Volunteer Week</b>	<b>8</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Sing-A-Long with Lenice	<b>9</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Fill Easter Eggs 4:00 Lounge Living	<b>10</b> 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	<b>11 Parkinson's Awareness Day</b> 9:00 VFW Men's Coffee 10:30 Fitness 11:00 Music with Lenice 2:30 Thank You Volunteer Party	<b>12</b> 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 3:00 Music by Marty	<b>13</b> 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats
<b>14 Palm Sunday</b> 9:30 Chapel 1:30-2:30 Bingo & Songs with Urland Church 3:00 Coffee & Treats	<b>15</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Color My World 3:30 Adopt A Grandparent Fun	<b>16</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Easter Craft 4:00 Lounge Living	<b>17</b> 10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	<b>18 Maundy Thursday</b> 10:30 Fitness 11:00 Music with Lenice 2:30 Easter Dinner (Reminisce)	<b>19 Good Friday</b> 10:00 Fitness 10:30 Good Friday Service 11:00 Lounge Living Afternoon: Nerstrand Men's	<b>20</b> 3:00 Coffee & Treats
<b>21 Easter Sunday</b> <b>Dolores 's 91<sup>st</sup> Birthday</b> 10:30 Easter Sunday Service 3:00 Coffee & Treats	<b>22</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 Spring Craft	<b>23</b> 10:30 Fitness 11:00 Music with Lenice 2:30 White Board Games 4:00 Lounge Living	<b>24</b> 9:30 Intergenerational Craft 10:30 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana	<b>25</b> 10:00 Food Committee 10:30 Fitness 11:00 Music with Lenice 2:30 ABC Trivia	<b>26</b> 10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Paul & Friends	<b>27 Ethel 's 85<sup>th</sup> Birthday</b> 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats
<b>28</b> 9:30 Chapel 3:00 Coffee & Treats	<b>29</b> 10:00 Manicures & Chat 11:00 Lounge Living 2:30 April Birthday Party	<b>30</b> 10:00 Resident Council 10:30 Fitness 11:00 Music with Lenice 2:30 Who Am I? 4:00 Lounge Living	<div style="text-align: center;"> <h1 style="color: blue; font-size: 2em;">April 2019 Activity Calendar</h1> <h1 style="color: green; font-size: 4em;">Kenyon Sunset Home</h1> </div>			